

Instructions for Registered Spa

Preventive measures for COVID-19 transmission are by keeping physical distance, practicing respiratory etiquette, practicing aseptic procedures and proper wearing of mask. Maintaining physical distance is relatively difficult and therefore practicing of other three preventive measures and proper screening of customers at the entrance are extremely important. Permission to resume activities of Spa can be given only under the strict instructions and compliance

For the organizer/ owner/employer

- The Spa should be registered under the relevant legal framework in Sri Lanka.
- All employees should be oriented on COVID 19 precautions for which the local MOH can be contacted.
- The employees health should be verified daily and if they have any respiratory illness or fever they should be advised not to work.
- Both employees and the customer should wear a mask. In addition, the service provider should wear face shield when attending to customers.
- There should be hand washing facilities close to the entrance for customers and employees
- Customers should be taken only by appointment and after inquiring if they are having any of following symptoms; fever, cough, runny-nose, sore throat. Avoid customer waiting by adopting the appointment system.
- The following procedures are not permitted
 - a. Any procedure that requires close face to face encounter
 - b. Common Sauna / steam
 - c. Facial massage
- Maintain a record of every customer(name, address, contact number)
- All linen (towels) should be washed after each use and should never be used on another customer without washing.
- All equipment and tools, the worktop, chair and bed should be disinfected between customers
- Avoid sharing equipment between service providers
- Regularly disinfect frequently touched surfaces such as door handles, counters, etc.
- Remove unnecessary items such as magazines, newspapers, service menus and décor
- Keep the doors, windows open as much as possible to improve natural ventilation
- If available, ensure the normal functioning of air conditioner. Clean/ wash its filters once a week
- You are required to fill the provided Assurance form, indicating compliance with the instructions given. The original of the Assurance form should be submitted to the area Medical Officer of Health. A copy of the same should be sent to the local government authority (municipal council/ urban council/ pradeshiya sabha) and another copy should be kept with you. The owner/ employer/ manager of the organization/ premises is responsible to ensure that the above guidelines are strictly adhered to.

For the client

- Do not go to the Spa if not feeling well (fever, cough and cold)
- Call first and get an appointment
- Always wear a mask in the proper manner
- Always follow instructions displayed

Methods of instructions

The restricted functions that are allowed in spa to be announced.

A notice should be put up by the establishment with contact details.

- Can come by appointment only
- Proper wearing of face mask
- Wash hands when entering and leaving the premises




Director General of Health Services

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